

## SBOCC OC1/OC2 Certification Instructions

### Before you get to the beach:

- **NOTE: Please check the weather before going out. You can always check the live cameras at West Beach and see how the wind sock is blowing. If conditions are wild, please don't go out.**
  - West and Southwest, East and Southeast (cross shore), or South (onshore) winds are safest. Please note an offshore (North/Northwest) wind can be dangerous. Surfline and Windy are good resources to check wind/conditions.
- **Make a reservation on the Google calendar.**
  - [OC Calendar instructions](#) - will take you to the club page and proceed to the Members page and enter the password. Scroll to bottom to get to OC1 user agreement and calendar instructions.
    - Please be on time. If you are late more than 15 mins past your scheduled time, it now becomes available for another member to use if they are on the beach. Keep in mind no reservations are allowed more than 2 weeks in advance and there is a 2 hour time limit which includes rigging and unrigging.

### At the beach, gather your gear:

- OC1 box and cable lock code is 1954
- You will need a **leash, pfd, iakos, and seat**. Verify that the canoe is in working order. If you see that a cable is broken, the rudder isn't moving, the iako button is broken, there are cracks, dents, or anything that seems off, please do not take the canoe out. Safety first!
  - **NOTE: Never leave the beach without a pfd and leash!**
- Aluminum Red striped iako go with red canoe, yellow stripes go with yellow canoe, and longer black iakos belong to OC2. Try to keep the iakos out of the sand to prevent sand from getting into the insert points.
- Seats for OC1 are black squareback. Seats for OC2 are gray with a rail bar in the middle.

### Steps to Rig Oc1 -

Please watch Kaleena's instructional video (on website) on how to rig the OC1

- Setup at least 3 sawhorses to set your canoe on. Please make sure you're not blocking the middle section directly in front of the rack, makes it difficult to remove the oc2.

Please do not set up too close to the other private canoes to the right of the club rack as we want to be respectful and give them space to set up and bring in their canoes.

- There are 2 types of sawhorses. Some have the saddle that will prevent the canoe from rolling over. If you're using the flat sawhorses, make sure to put the canoe on its side to prevent it from rolling off while you are getting the rest of the gear.
- Set 2 saw horses a few feet apart for the canoe and a third one to the left of the back sawhorse preferably in the same area as the canoe's rear iako insert. When the back iako is in, the sawhorse can be used to keep the canoe level while you are attaching the ama.
- Unlock cables from the canoes with the code 1954. Please lock them back up to the post before you go out for your paddle. Cables have been stolen before. When locking cables make sure they are wrapped around the canoe with the wooden white frame and the lower beam

#### [How to carry oc1](#)

-Carefully lift the canoe from the hull in the middle, finding a good balance point so that you won't drop the nose or drag the tail. Bring to sawhorses with the nose pointing towards the ocean. Sometimes water is in the hull of the canoe or ama so give it a little tilt to drain out of the plug holes.

#### [OC1 stability rigging](#)

- OC1 iako with the 2 stripes go in the front and single stripe is in the back
- OC2 iako is labeled inside "front" and "rear"
- Amas are located in the middle first rack. They should be tied down with rubber straps. You do not have to untie them, just slip them in.
- Set the iakos in the ama holes but don't put them in fully. It's a little tricky getting them in on the first try, so be patient. Start with the front iako and keep in mind that it is at an angle when inserting so sometimes you have to hold the ama and iako up while trying to get the pin to click. Watch your fingers! For the back iako, again you can lift up the ama and iako to insert. Never try to push the iako down into the ama as the pressure may damage the bottom sitting on the sawhorse.
- **NOTE: CHECK YOUR PLUGS!**

**Now that your canoe is rigged, take a minute to make sure you have everything:**

- PFD - wear or can bungee down in front or back
- LEASH - attached to front iako and your left calf
- WATER - can bungee down in front or back
- PADDLE - can bungee down in front or back while carrying the canoe
- PHONE - If going for long distance with, keep in water resistant pouch in case of emergency

Write your name, date, time, which color canoe, and direction on the white board and make sure to lock up the box before you go out.

### **Unrigging canoe:**

1. Bring the canoe back up to the sawhorses and grab a water jug or 2 to rinse off all of the metal parts and the canoe hull. Refill jugs at the shower and make sure to rinse off the pfd, leash, and seat.
2. Unrig the iakos by giving them a little lift and jiggle to get the button out and make sure you are holding the ama so it doesn't drop. Set the ama back into the rubber slots. Carefully lift the canoe making sure that you don't smack something with the tail or nose of the canoe, and replace onto the rack. Lock back up with the cables.

**Refill water jugs, rinse off gear, and put away the sawhorses. Make sure OC1 box is locked up.**

### **Useful resources:**

1. [Puakea Paddle Technique](#): As you start paddling the OC1, remember to keep your body centered. Same technique you use in the 6 man applies to the one man. You are more stable on your left and be aware of the weight you put on your right side as it is tippy.
2. [Shell Va'a Paddle technique](#) - Stroke broken down in 4 steps
3. [OC1 Huli recovery](#): In the event that you huli, stay calm and try to collect your paddle and items. You will be attached to the canoe with the leash. Get to the right side of the canoe (opposite of the ama upside down) climb over and grab the iako to flip over towards you. Please be careful not to let the ama drop on your head. From the inside (between canoe and ama) you will now climb into the canoe without leaning too heavy on the right. Use either foot to keep the ama down if you need to and remember your leash is still attached so you will need to unlatch it and set it straight.